



**2018 INAS Summer Games Paris**  
**Programme natation/Swimming program**  
Championnat d'Europe/European Championships

Adresse/Address : Stade Nautique Youri Gagarine, 67 Rue Youri Gagarine, 94800 Villejuif

**Mardi 17/07 - 9h à 12h et 15h à 18h15**  
**Tuesday 17th July - 9 am to 12 pm & 3 to 6:15 pm**

Time	Épreuve/Event
9:00 - 10:15	Échauffements / Warm-ups
10:30	200 m Nage libre H (SÉRIES) / 200 m Freestyle M (HEATS)
10:39	200 m Nage libre F (SÉRIES) / 200 m Freestyle W (HEATS)
10:50	200 m Nage libre H II2 (FINALE) / 200 m Freestyle M II2 (FINAL)
10:56	200 m Nage libre F II2 (FINALE) / 200 m Freestyle W II2 (FINAL)
11:02	400 m 4 nages H et F (FINALE) / 400 m Ind Medley M & W (FINAL)
11:20	50 m Dos H (SÉRIES) / 50 m Backstroke M (HEATS)
11:26	50 m Dos F (SÉRIES) / 50 m Backstroke W (HEATS)
11:10 & 11:30	Protocoles médailles / Medals ceremonies
15:00 - 15:45	Échauffements / Warm-ups
16:00	200 m Nage libre H (FINALE) / 200 m Freestyle M (FINAL)
16:05	200 m Nage libre F (FINALE) / 200 m Freestyle W (FINAL)
16:11	200 m Brasse H II2 (FINALE) / 200 m Breaststroke M II2 (FINAL)
16:17	200 m Brasse F II2 (FINALE) / 200 m Breaststroke W II2 (FINAL)
16:23	200 m Brasse H (FINALE) / 200 m Breaststroke M (FINAL)
16:30	200 m Brasse F (FINALE) / 200 m Breaststroke W (FINAL)
16:46	50 m Dos H (FINALE) / 50 m Backstroke M (FINAL)
16:50	50 m Dos F (FINALE) / 50 m Backstroke W (FINAL)
17:13	4 x 100 m Relais Nage libre H (FINALE) / 4 x 100 m Freestyle Relay M (FINAL)
17:18	4 x 100 m Relais Nage libre F (FINALE) / 4 x 100 m Freestyle Relay W (FINAL)
17:33	4 x 100 m Relais mixte 4 nages (FINALE) / 4 x 100 m Mixed Medley Relay (FINAL)
16:35 & 16:55 & 17:25 & 17:40	Protocoles médailles / Medals ceremonies